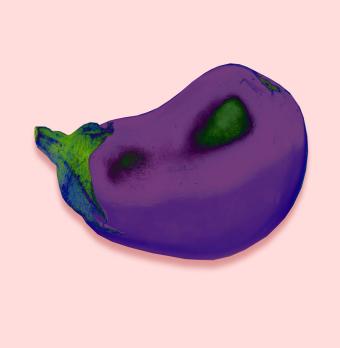
'On Sex' series (6/6):

Celibacy and Abstinence



### "Abstinence"

Joanna Bourke, Gresham Professor of Rhetoric & Professor of History at Birkbeck, University of London

Is sex a 'good thing'?



## "Abstinence"

Joanna Bourke, Gresham Professor of Rhetoric & Professor of History at Birkbeck, University of London

#### 'On Sex' series:

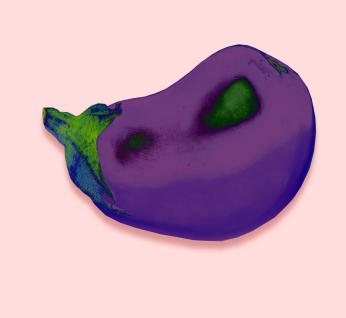
Pleasure

Perversion

Pornography

Sex work

Monogamy



## "Abstinence"

Joanna Bourke, Gresham Professor of Rhetoric & Professor of History at Birkbeck, University of London

'Bad sex'

'Good sex'

'Heteronormativity'

'Compulsory heterosexuality'



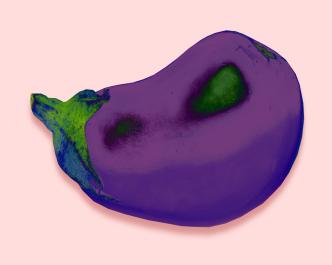
### "Abstinence"

Joanna Bourke, Gresham Professor of Rhetoric & Professor of History at Birkbeck, University of London

The single most reckless 'error' in my series of lectures:

my underlying assumption that

sex is a (very) good thing



#### "Abstinence"

Joanna Bourke, Gresham Professor of Rhetoric & Professor of History at Birkbeck, University of London

I will be critiquing

my own

pro-sex position

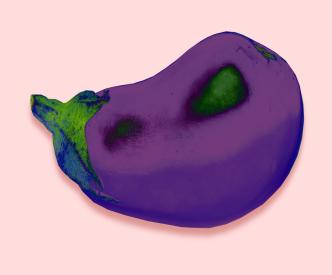


#### "Abstinence"

Joanna Bourke, Gresham Professor of Rhetoric & Professor of History at Birkbeck, University of London

'We don't *have* bodies; we *are* bodies'.

And our bodies are never ours alone.



### "Abstinence"

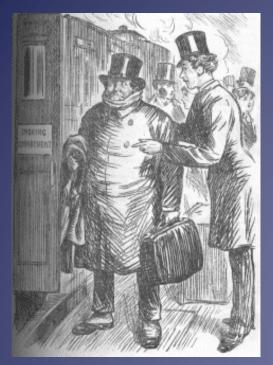
Joanna Bourke, Gresham Professor of Rhetoric & Professor of History at Birkbeck, University of London



Victorian spinsters as wizened hysterics or compulsive animal-lovers



Joanna Bourke, Gresham Professor of Rhetoric & Professor of History at Birkbeck, University of London



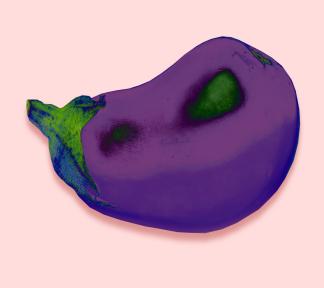
Victorian men being 'priced out' of the 'marriage market'



Joanna Bourke, Gresham Professor of Rhetoric & Professor of History at Birkbeck, University of London



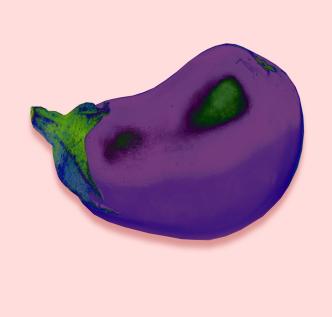
Dangers of enforced celibacy in prison ('conjugal visitation rights')



Joanna Bourke, Gresham Professor of Rhetoric & Professor of History at Birkbeck, University of London



Dangers of clerical celibacy



Joanna Bourke, Gresham Professor of Rhetoric & Professor of History at Birkbeck, University of London

Incels
or
Involuntary Celibates



## "Abstinence"

Joanna Bourke, Gresham Professor of Rhetoric & Professor of History at Birkbeck, University of London

# Men's entitlement to women's bodies



#### "Abstinence"

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The Matrix (1999);

'blue or red pill'?



## "Abstinence"

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# Abstinence movement in the U.S.

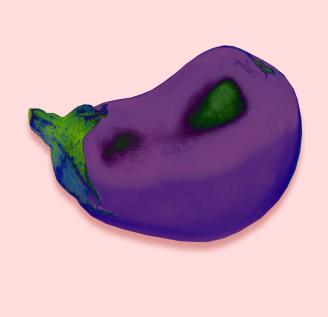


## "Abstinence"

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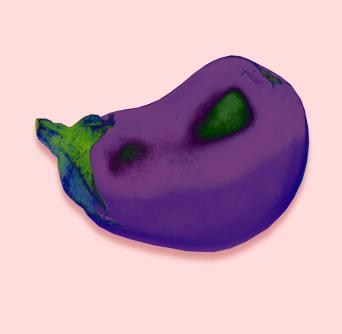
Phyllis Schlafly of the Eagle Forum



Joanna Bourke, Gresham Professor of Rhetoric & Professor of History at Birkbeck, University of London

1980s: 1 in 50 teachers taught abstinence-only education;

1999: 1 in 4

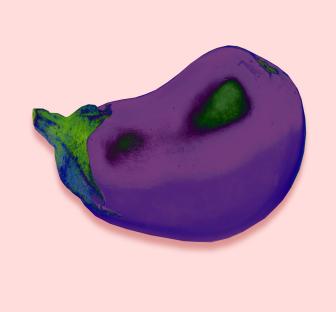


#### "Abstinence"

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Harms of sex outside of monogamous marriage:

social, economic, psychological, health



#### "Abstinence"

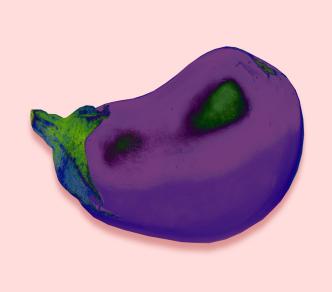
Joanna Bourke, Gresham Professor of Rhetoric & Professor of History at Birkbeck, University of London

#### Educational video

#### 'No Second Chance':

11-13-year-old boy: 'What if I have sex outside of marriage?'

Teacher: 'Well, I guess you'll just have to be prepared to die. And you'll probably take with you your spouse and one or more of your children'.



#### "Abstinence"

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2013: 1 in every 8 American girls and young women had taken a pledge of abstinence



Joanna Bourke, Gresham Professor of Rhetoric & Professor of History at Birkbeck, University of London

'Single moms'

'Welfarism'

'Hypersexual' BME teenagers

Classist exploitation & racism

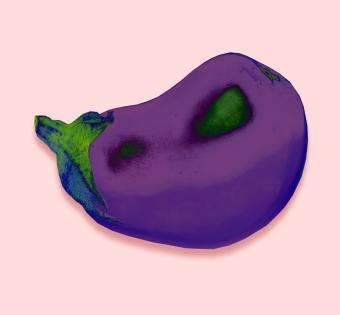


#### "Abstinence"

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# Congressional investigation:

80% of the abstinence programmes 'use factually incorrect curriculum or teach distorted information about reproductive health'



#### "Abstinence"

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Shakers

Koreshans

Sanctificationists



## "Abstinence"

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Asexuals: compulsory sexuality

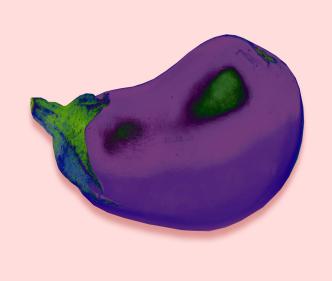


## "Abstinence"

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#### Anthony Bogaert:

Unlike celibacy, which is a choice, asexuality is a sexual orientation



#### "Abstinence"

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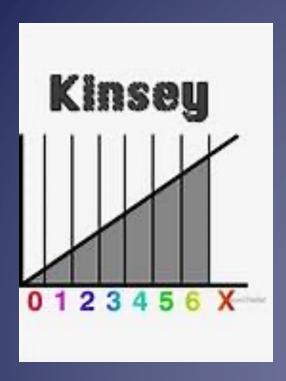
Richard von Krafft-Ebing's

\*Psychopathia Sexualis\*\*
(1886)

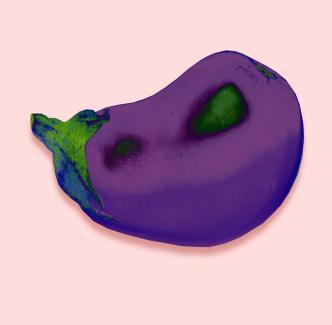


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Alfred Kinsey's 'Scale'



Joanna Bourke, Gresham Professor of Rhetoric & Professor of History at Birkbeck, University of London

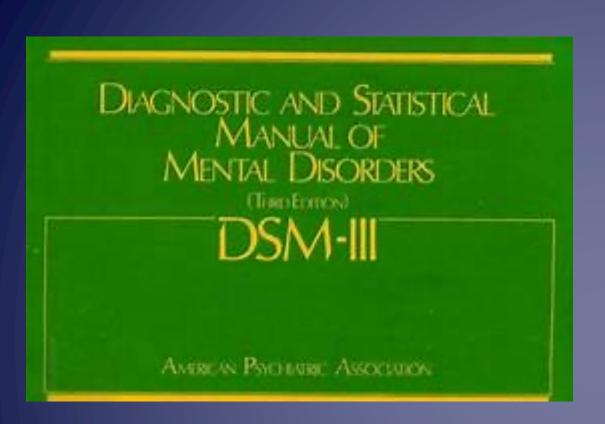
#### Alfred Kinsey:

14-19% of unmarried women are asexuals



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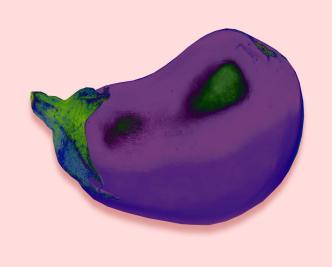
#### DSM (1980-1987):

shift from

Inhibited Sexual Desire Disorder

to

Hypoactive Sexual Desire Disorder



#### "Abstinence"

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Unwanted
but consensual
sexual intercourse



## "Abstinence"

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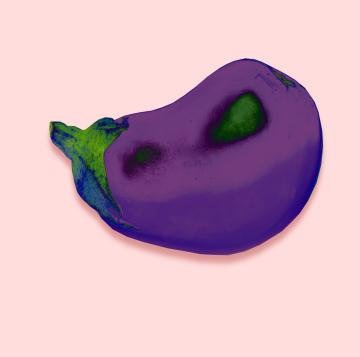
'Big Pharm'



## "Abstinence"

Joanna Bourke, Gresham Professor of Rhetoric & Professor of History at Birkbeck, University of London

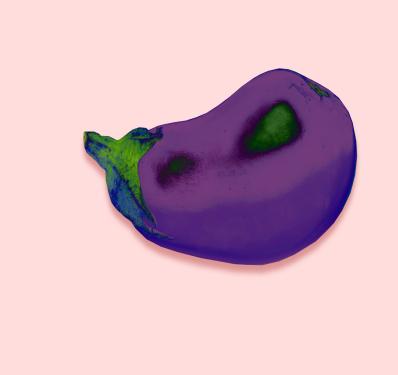
'Age-old angst over women's sexuality overlaid by the commodification of sexuality'



#### "Abstinence"

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Asexuals face *more* discrimination than homosexuals and bisexuals

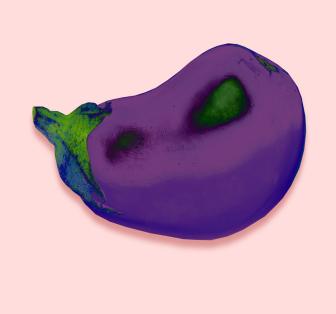


#### "Abstinence"

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#### Dan Savage:

'if you are presenting yourself as a carbon-based life form, a vertebrate, because almost all humans are, you have an obligation to disclose that you are actually a jellyfish'



#### "Abstinence"

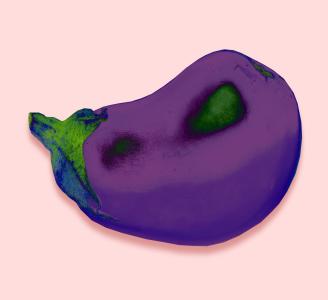
Joanna Bourke, Gresham Professor of Rhetoric & Professor of History at Birkbeck, University of London

Haven for the Human Amoeba

# Asexual Visibility and Education Network

The Official Asexual Society

The Official Nonlibedoism Society



#### "Abstinence"

Joanna Bourke, Gresham Professor of Rhetoric & Professor of History at Birkbeck, University of London

What is sex?

Is 'asexuality' a sexuality?

Is adding an 'A' to LGBTQ essentialist?

Is it another example of compulsory sexuality?

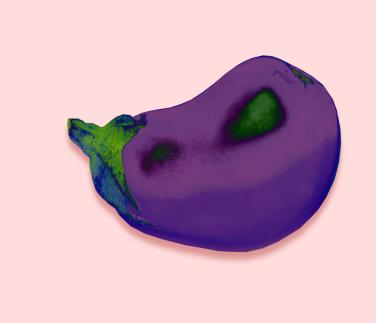


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#### Does it:

- 1) shore up the idea that heterosexuality is the 'norm'?
- 2) contribute to the belief that sexuality is normal?
  - 3) disallow asexual ways of achieving intimacy?



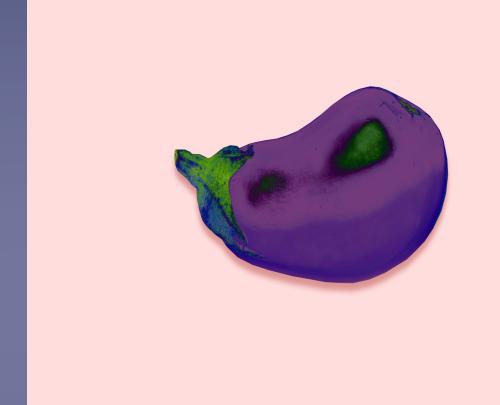
#### "Abstinence"

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Adrienne Rich's 'compulsory heterosexuality'

Judith Butler's 'heterosexual matrix'

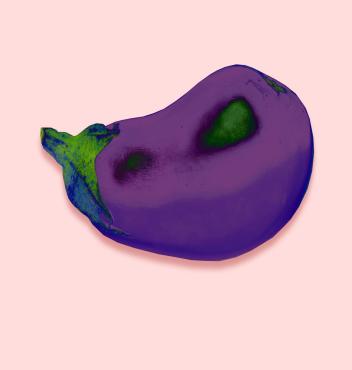
The 'coital imperative'



#### "Abstinence"

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Asexuals trouble my pro-sex position by undermining the pro/anti sex divide & suggesting alternative ways of 'bodying forth'



#### "Abstinence"

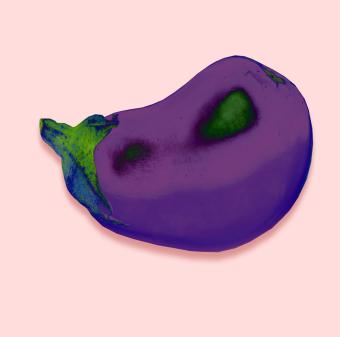
Joanna Bourke, Gresham Professor of Rhetoric & Professor of History at Birkbeck, University of London

#### 'On Sex' series (6/6):

#### Celibacy and Abstinence

But please come to my NEXT series on the Cultural History of Diseases.

And many thanks for all the inspiration and ideas you have given me.



#### "Abstinence"

Joanna Bourke, Gresham Professor of Rhetoric & Professor of History at Birkbeck, University of London